

Return to childhood

- Step 0. The secret garden:* 5 minutes
- Step 1. Someone's been sleeping in my bed!:* Until needed
- Step 2. Off to Never-Neverland:* 5 minutes
- Step 3. Red and yellow, green and blue...:* Until needed
- Step 4. Who's afraid of the big bad wolf?:* 5 minutes
- Step 5. Scurry, hurry, and a worry:* 5 minutes
- Step 6. I never want to grow up!:* 5 minutes

Spring

- Naptime:* 2 minutes
- Freeze tag:* 5 minutes
- Recess:* 5 minutes
- The quiet game:* Until needed

Summer

- Naptime:* 2 minutes
- Freeze tag:* 5 minutes
- Recess:* 5 minutes
- The quiet game:* Until needed

Autumn

- Naptime:* 2 minutes
- Freeze tag:* 5 minutes
- Recess:* 5 minutes
- The quiet game:* Until needed

Winter

- Naptime:* 2 minutes
- Freeze tag:* 5 minutes
- Recess:* 5 minutes
- The quiet game:* Until needed

Hopscotch

- Naptime:* 2 minutes
- Hopscotch:* Until needed