

To read aloud before starting the game and the audio track

These are not rules we should listen to while sitting down or standing still. Let's all get on the stage and claim ownership of it. Let's spread out and move around at a constant pace, without bumping into each other. Let's be careful, we need to allow everyone to walk, even me as I read this aloud without stopping. Let's imagine we're on a raft, swaying in the waves: If we all stand in a corner instead of spreading our weight, we'll just sink. Let's look at each other if we want to stay afloat. Let's never stop walking and listening, in complete silence.

➤ *Let's speak one at a time.* It won't be easy, but it is necessary. It's like we're speaking to an audience, and they can't focus on more than a voice at once. If at any time we notice we're speaking over someone else, we need to stop. A moment of silence is better than a scene full of overlapping voices.

➤ *Let's make every move theatrical.* We need to pay attention to our voice, movements and gestures. Let's fill the stage without hiding each other from our imaginary audience: Nobody likes being unable to see what's happening behind the actors in the foreground.

➤ *Let's go for teamwork, not protagonism.* When we're on stage, the classy thing is not to hog all the limelight, but to be believable in our roles as a group: We're actors in a play. And a play has protagonists, supporting characters and extras. Every role in every scene will have a goal, but they're still secondary to the choral nature of the performance.

➤ *Only the Director can cut off the scene.* When we're on stage, we keep acting. The show must go on, whatever an actor says or does is true and the other actors must play along and incorporate it into the narration. We must keep acting until we hear the Director's voice or the timer's ring, but when we do we drop everything, no matter how hard it is to leave something unfinished. There are other scenes waiting for us, and this is a rehearsal, after all.

Now that the rules are clear, I am going to take centre stage. Don't rush, take it slow, but join me at your own pace: We should close in, take up as little space as possible, like we're suddenly on a very busy train car. From now on we'll be a unit, a group moving as one. When I say go we'll explode, spreading around again to begin our adventure together.

Three. Two. One. Go!